| **Our on-site Service Providers include:**∙ Community Medical Centers ∙ Delta Health Care ∙ Pride Center∙ Child Abuse Prevention Council∙ Crossroads- (San Joaquin County Department of Probations) ∙ SUSD- (Franklin Counseling Department and Mental Health Department) ∙ CSU Stanislaus- Counseling Support Interns. ∙ P.L.U.S Mentors | **About Us** **\*For more information about our services, please contact us at the Wellness Center, Monday to Friday, 8:00am-4pm.****Or email the Wellness Center Coordinator, at anavarrorodriguez@stocktonusd.net****For support services, a signed Wellness Center form is needed. This consent lasts for the duration of enrollment.**\**The Wellness Center has clothing and supply closet personal care available to students in need. The students can visit the Wellness Center for more information.* **Franklin High School Wellness Center****4600 E. Fremont St.** **Stockton, Ca. 95215** Administrators: Anna Lotti (Principal), Eduardo Martir, Claudia Lopez-Solis, Evangelina Ramos & Tyrone Henderson (Assistant Principals)Wellness Coordinator: Mr. Alen Navarro*,*  | Franklin High School Wellness Center**The Wellness (and Health) Center is located together inside of the A building, next to the Student Intervention Office.**  |
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| **About The Wellness Center*** The Wellness Center links students with physical health & social emotional support services on campus.
* The purpose is to help create a safe and positive educational experience where students can thrive.
* The social emotional supports on campus focus on prevention and early intervention through short term school based support services. This can be beneficial for students who are facing social, emotional, academic and mental health challenges.
* If you know a student who would benefit from these services, please contact the students’ counselor or Wellness Coordinator.

**Staff At The Center** The Wellness Center connects with local agencies and community service providers. ∙ Mental Health Therapist **(Mr. Heredia and Ms. Allison** ) ∙ Counseling Interns ∙ Intervention Specialists∙ Health Educator **(Ms. Warner**) ∙ Wellness Coordinator (**Mr. Navarro**)∙ School Nurse (**Ms. Yang, RN**)∙ Health Services Assistant (**Ms. Hang**) | **Social-Emotional** **Learning and Support**   At Franklin we offer school based services that include individual counseling, support groups, brief intervention & mentoring, which are available to all our students, at no cost. These services support students by:o Identifying and expressing emotions without ANY judgment. o Recognizing unhealthy behaviors o Setting personal & academic goals o Developing healthy coping skills  *Peace Corner*: A place where students can go to decompress and regain focus.   *Family Engagement* ∙ When necessary the Wellness Center staff may involve ‘natural support' (guardian(s), close family, friends to attend sessions). Participants engage collectively to identify solutions that guide students toward their goal. | **Support Groups** ✔ Anger Management ✔ Boys Group ✔ Coping & Support ✔ Coping with Anxiety ✔ Fresh Start Thinking ✔ Girls Circle  ✔ (Grief & Loss) ✔ Healthy Coping Skills ✔ Healthy Relationships ✔ Mindfulness ✔ Social and Life Skills ✔ 9th grade Transition ✔ Stress Management ✔ Substance Use Education & Prevention✔ Newcomer/Migrant Support**Peer Support** * Conflict Resolution
* Peer to Peer Mentorship
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