# 2022-2023 ESSSER III PROJECT SUMMARY

General Information	
ESSER III Plan Project Name:	
Structured Activities	
ESSER III Plan Category/Location:	
Structured Activities that combine Social-Emotional Lo	earning and Physical Activity
ESSER III Allowability:	
Cabinet Level Point of Contact & Department:	
Francine Baird	
Student Support Services	
Responsible (Day-to-Day & Progress Reporting):	
Various	
ESSER III Plan Category Total Funding Amount:	
\$12,000,000.00	
Org Key Project Title:	
ESSERIII-20% StructuredAct	
ESSER III Project Funding Allocated:	Fund Account Code (Org Key):
80% -	
20% - \$12,000,000.00 Other -	
Outer -	
District Mission	
	career, and community ready. In doing so we lift all youth out www.stocktonusd.net/site/Default.aspx?PageID=356:
or one of the control	
Superintendent's Goals: Superintendent's Goals:	
Superintendent's Goals.	
Instructional Goals: Instructional Goals: https://www.stocktonusd.net/	site/Default.aspx?PageID=356:
Alignment to Other Plans:	
Alignment to Other Plans:	

## **Project Description**

Describe your project for the 2022-2023 School Year (SY) Implementation. (Brief, yet specific that includes the actions, implementation, purchases, etc.):

**Wellness Initiative Overview:** 

This initiative is hopeful to turn into a multi-year plan focused on the re-energization and support of our SUSD staff wellness. These funds will be used for training, resources, and tools focused on staff wellness. The first wave of funding for year one is to work with roughly 10 site/department leaders and staff to enhance staff spaces with resources and tools to support staff wellness and any training/support necessary to use these spaces. The overarching goal is that every year, another 10 or so sites/departments will be focused on so that eventually all departments and sites will have additional supports from this initiative. Preliminary conversations with various SUSD staff have shown that the following ideas would be appreciated and should support staff with more engagement and wellness. It is also believed that staff absenteeism would begin to decline as these supports are rolled out.

### Potential expenditure ideas depending upon available resources and staff needs:

- Destress, de-escalation, emotional intelligence, and trauma training support opportunities for all staff.
  - o Provided by SUSD staff if available and meeting needs.
    - If SUSD staff cannot provide these supports, external contractors may be used to meet site/department needs.
- The creation of wellness spaces within school sites and/or departments.
  - o Examples of potential partition areas for sites/departments depending upon site/department needs:
    - Calming corners
    - Energy corners
    - Exercise corners
    - Soft Reset Stations
    - Dynamic lighting
    - Comfortable furniture
    - Relaxation/reenergization furniture
    - High-definition wall coverings
      - Turning rooms into rainforests, under the ocean, on top of mountains, etc.
- Wellness Fair for SUSD employees exclusively- one or two times per year depending upon the needs of the district- similar to the San Diego Unified Model.
  - Keynote speaker(s)
  - Breakout rooms for various aspects of wellness that are led by SUSD staff if they possess the necessary expertise, otherwise outside expert consultants will accommodate breakout room support.
    - Examples:
      - Yoga
      - Fitness
      - Destress
      - Nutrition
      - Meditation
    - Stipends to cover SUSD staff who do perform breakout room support.
  - Wellness swag bags for participants.
  - Access to various vendors who support wellness.

If it is at all possible, I would also like to clarify/add to the Wellness Fair below to where it is one for staff and one that is open to the community/parents, so two a year...they would both be ran the same, just solicitation and audience members would have a different focus.

- Wellness Champions
  - Stipends for existing SUSD staff to provide additional wellness supports for sites/departments- similar to the Oakland Unified Model.
    - Working with various site/department staff who want to provide additional wellness resources for site/department staff
      - At least once a month, providing a 1 hour voluntary meeting outside of normal hours to support the wellness of site/department staff.
        - Up to three hours of planning per month for these monthly meetings.
- Incentives to participate in wellness initiative offerings- the winners will be based off of a percentage of participation from departments and/or sites, which can win some of the following incentives:
  - Wellness app subscriptions
  - Mobile massage experts to come to a site/department for a portion of the day so that winning sites/departments can enjoy free expert massages.

Wellness device examples, such as: fitbits, eye coverings, aroma kits, yoga mats, etc.

# Project Collaborative Partners Identify the Collaborative Partners (Departments, Community Organizations, Businesses, Governmental

Identify the Collaborative Partners (Departments, Community Organizations, Businesses, Governmental Agencies, etc.):

# Project Target Group(s)

Identify the Target Group(s) to be Served by Project (i.e. English Learners, 3rd grade, Pacific Islander):

### Performance/Outcome Measures

Identify the Outcome(s) of the Project/Activity (Example: Decrease the number of students sharing devices.):

**Metrics/Performance Measures:** 

**Data Collection Method(s)/Tool(s):** 

#### **Project Timeline**

Identify the Timeline of Project Implementation (Monthly or Quarterly or other Frequency of Milestones):

# Project Implementation Location

**Identify the Location(s) of Project Implementation:** 

Budget Allocation		
Baagot/ modation	\$ Allocated	Description of Expense
1000 Series Certificated Salaries	\$	
2000 Series Classified Salaries	\$	
3000 Series Certificated and Classified Fringe Benefits	\$	
4000 Series Books and Supplies	\$	
5000 Series Services and Other Operating Expenditures, Travel (excluding 5100 and 5800)	\$	
5100 Series Subagreements for Services	\$	
5800 Series Professional/Consulting Services and Operating Expenses	\$	
6000 Series Capital Outlay	\$	
Reserved for Allocation:	\$	